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# The Cookbook For Teens: The Easy Teen Cookbook With 74 Fun & Delicious Recipes To Try



## Synopsis

Become a kitchen whiz with *The Cookbook for Teens*. Even the world's top chefs had to start somewhere. *The Cookbook for Teens* is the perfect introduction to the art of cooking, even for teenagers who have never cooked more than a slice of toast. *The Cookbook for Teens* will guide you through introductory preparation and cooking techniques, how to read recipes, and how to shop for groceries. Once you are comfortable in the kitchen, you will learn how to make your own easy dishes, with simple *Cookbook for Teens* recipes for appetizers, entrées, and snacks. After you have mastered the fundamentals, *The Cookbook for Teens* will walk you through preparing a three-course meal that will completely wow your friends and family. *The Cookbook for Teens* makes the kitchen accessible for any teenager interested in the culinary arts, with:

- 74 easy-to-follow *Cookbook for Teens* recipes, such as Bacon and Cheese Risotto, Deep Dish Spaghetti Pizza, and Southwestern Salad
- 25 basic cooking techniques to make you a kitchen pro
- 27 essential kitchen tools
- *The Cookbook for Teens* guide to grocery shopping on your own
- 12 key safety tips for everything from chopping to baking, from the editors of *The Cookbook for Teens*

With easy directions and delicious recipes, *The Cookbook for Teens* is the perfect resource for anyone who wants to start getting creative in the kitchen.

## Book Information

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## Customer Reviews

way too complicated for a basic teen. I was looking for a more beginner style cookbook. Something to teach a teenager how to get cooking some of their favorite recipes. This cookbook is beyond complicated. Not a good option for a beginner.

The beginning of the book has some great information on cooking terms and tools; however, it was almost too much information for a novice to absorb. There were many easy recipes, but most of them seemed to have a lot of ingredients, which might be overwhelming for a beginner or teenager. What I loved about the book is the great job it did teaching versatility in cooking--that you can interchange ingredients to suit your tastes and can substitute items with what you have on hand. Overall, IÃ¢Â™d recommend this book for any teenager who has an interest in learning to cook.

The Cookbook for Teens is a quick, easy read. It's a primer for cooking with a couple of great introductory chapters of information your teens need to know before getting started followed by recipes categorized according to types of meals. I love the suggestions on what items to keep on hand - very useful list of pantry items as well as the idea of recipes for one. Many folks learn to cook by starting with breakfast and it's a smart move that they begin with recipes for the morning. I enjoyed reading these best and I like that there is a variety in the recipes. I am looking forward to having my two teens say "there's nothing to eat" and giving them this book! What I don't love about the recipes is there are quite a few spices and odd arrangements of ingredients which I think will make my teens scrunch up their noses. Also, the recommendation to just leave an ingredient out or sub something else could result in some disasters - for instance if you leave out a can of tomatoes because you don't like them, how will that affect the consistency and taste of the final product? One thing is certain...this book will provide for some new adventure in the kitchen!

Our oldest daughter is in that difficult age between being old enough to handle responsibility but still needing a lot of direction. Her desire to help in the kitchen is awesome but unfortunately she does not like to have to ask us every 3 minutes what to do and how to do it. More than once we have started a cooking project with the best of intentions but ended up scraping it due to a frustration

during the explanation process. I guess I don't speak teen girl very well. We got The Cookbook for Teens for her and since then she has not only surprised us by following through on a few meals, but is also surprisingly eager to engage with us in the kitchen to show off her new found knowledge. I guess it is really no surprise that she tried recipes from the dessert section first, but they were tasty! Not a week has passed since we picked this book up where my daughter hasn't surprised us on Friday afternoon with a fresh batch of the Luscious Lemon Bars (great recipe). None have ever seen Sunday morning :) Now if only they had a guide as simple to understand as this cookbook about the importance of teens eating salad. Both my wife and I were surprised to discover how convenient the conversion charts in the back have become. Great recipes and the reference section in the beginning is quite useful! Glad we picked this up for her.

This is a fun and practical cookbook for any age really. I love that the recipes are fun, like vegetable brownies, but also don't contain a lot of ingredients, so they are simple and easy to follow. I appreciate how it categorizes the recipes, and the measurement conversions in the back are particularly useful - for anyone! This book would make a great gift for a teenager. The only thing it lacks is pictures.

"The Cookbook for Teens: The Easy Teen Cookbook with 74 Fun & Delicious Recipes to Try" might be the longest title for a book you've ever read, lol, but the information you'll find inside is fresh and different. Not in content, because it's a cookbook. But in presentation. For teens, it has a sense of humor, which makes it fun to read. Also, there is a list of terms and their definitions, from 'broil' to 'braise'. This is a good book for teens getting ready to go to college to cook for themselves, or planning to live on their own, or in charge of cooking and feeding others--as in younger siblings or children they babysit. The 74 recipes read like food most teenagers would cook, eat, and serve.

I really like this book for teenagers, especially since I have 3 in my own kitchen. Starting to cook can be daunting, but this book breaks down the kitchen into easy to follow guidelines. Besides all the additional information, the included recipes in the book are clear and easy to follow, even for starters. This book contains useful cooking definitions, which I have not seen in other books. These are so helpful. Now teens can understand instructions in any recipe by knowing what the various cooking methods and kitchen terminology means. The book also explains how to shop and select food at the grocery store, which I really like. I enjoyed the sentiment in this book that recipes should not be skipped because there is a single ingredient the teen does not like. It gives good suggestions

to replace the specific ingredient.

Not at all what we expected. Wanted more instruction and better recipes.

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